



## Pukka Herbs Supports AHP's Triphala Monographs

Dear Ayurvedic Colleagues,

I would like to express my strong support of the American Herbal Pharmacopoeia's (AHP) development of monographs for triphala and the individual herbs that make up triphala; amlaki, bibhitaki, and haritaki. Everyone in the Ayurvedic community knows how important this formula is to human health and how important of a formula it is to our profession. Not everyone knows that the AHP monographs are among the most incredible monographs in the world. No other monograph system anywhere I have seen delivers what is in each AHP publication. To have this level of quality monograph and therapeutic review for triphala would be of immense value to the Ayurvedic community whether you are a practitioner or a company. In recent years, there has been considerable bad news about ayurveda that has called the quality and benefits of ayurvedic herbal compounds into question. Having the AHP monographs will help to show that quality control standards are in place for Ayurvedic herbs. Triphala is one of the most important formulas in my practice as an Ayurvedic practitioner and is one of the most important products made by Pukka Herbs. The AHP monographs will introduce more people in the West to one of the most important herbal formulas in the world. We strongly support the development of AHP's work in developing these monographs and will support the project in whatever way we can, both financially and technically. We strongly encourage you all to do the same. We all benefit from ayurveda in some way in our lives; this is a way to show our support of ayurveda. Please contribute to this important work.

Namaste,

*Sebastian Pole*

Sebastian Pole, Proprietor  
Pukka Herbs

